10th International Symposium on Nutritional Aspects of Osteoporosis
Kerry Hotel, Hong Kong
November 28-December 1, 2017

Dates: Tuesday, 28 November 2017, 18:00 – Friday, 1 December 2017, 12:00
Location: Kerry Hotel, Hong Kong

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Endorsements:
International Osteoporosis Foundation
National Osteoporosis Foundation
Invitation

Most causes for osteoporosis, like genetics, age, menopause, and associated diseases with their treatments, are not modifiable. The investigation of the influence of nutrition on bone and muscle health is important as a key modifiable factor of the development of bone and the prevention of osteoporosis, and fall fractures.

It is the privilege of this symposium to gather every three years with scientists from all over the world working in this field to discuss the latest research. The 10th edition of this symposium will be organized by Connie Weaver, Robin Daly, Heike Bischoff-Ferrari and Man-Sau Wong. We are determined to continue the quality and standards of previous years.

As the only regular meeting in the osteoporosis field to be exclusively devoted to nutrition, bone and muscle, it allows us to review the new scientific data, discuss new concepts, and update the knowledge on several nutrients. This symposium provides a unique opportunity to connect health professionals, researchers and industry across many disciplines, including nutrition and dietetics, exercise science, gerontology, nursing, general practice, academia and the food and fitness industry.

This invitation is to all scientists and health professionals interested in the field of nutrition, bone and muscle. We look forward to welcoming you to Hong Kong.

Connie Weaver

Preliminary Topics

- Protein
- Energy deficiency
- Potassium
- Calcium
- Bone density and quality
- Bone-muscle, sarcopenia and frailty
- Exercise-nutrient interactions
- Bone and gut microbiome
- Vitamin D
- Omega 3 fatty acids
- Plant bioactives
- Prebiotic fibers

Call for Abstracts

Participants are invited to submit abstracts for oral and poster presentations to isnao17@purdue.edu by 15 April, 2017. Abstract submission is welcome and encouraged prior to official registration for the meeting.

Prizes and Travel Awards

Prizes will be given to the best oral and poster presentations. Young investigators and students may also apply for a travel grant through the registration website www.ISNAO2017.com after 1 March 2017.